early roots	S	Examples to provide a subscription of the subscriptice of the subscription of the subscriptice		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Cheesy Pasta bake with Broccoli	Prawn and chorizo cous cous	Beef lasagne with hidden vegetable, with a tomato and cucumber salad	Creamy garlic chicken, mixed vegetables and rice	Spaghetti Bolognaise with hidden vegetables
Melon boats	Beetroot Brownie	Sorbet	Lemon curd and yoghurt fool	Chocolate banana cake
DINNER	DINNER	DINNER	DINNER	DINNER
Cheese and tomato pizza with beans	Chicken salad and flat bread served with mayon- naise	Jacket potato with tuna mayo	Swedish style meatballs, pitta bread, hummus and carrots	Fish finger wraps, peas and tartare sauce
Ice-cream and wafers	Yoghurts	Blueberry muffins	School cake	Fruit salad



## Designing Configered Confige

early roots				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Vegetable tomato pasta and garlic bread	Coconut chicken curry with rice	Sausages, sweet potato ba- tons and broccoli	Beef chilli con carne, jacket potato and cheese	Ham, mashed potato and beans
Raspberry mousse and summer berries	Smoothies	Banana and ice-cream	Millionaire shortcake	Eggless apple cake
DINNER	DINNER	DINNER	DINNER	DINNER
A selection of sandwiches, salad sticks and crisps	Sausage pasta bake	Breaded pollock, beans and boiled potatoes	Cajun chicken tacos, served with sweetcorn	Chicken pasta salad
Yoghurts	Fruit salad	Gingerbread biscuits	White chocolate and blue- berry cake	Fruit jelly

Summer Menu 2024